

# 2025-2026 Gymnastics Schedule

Preschool Stars Program Schedule						
TWINKLE, TWINKLE LITTLE STARS (Ages 12 months - 2 years)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		11:00-11:50		10:30-11:20	8:00-8:50	50 minutes
TINY STARS (Age 3)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		10:00-10:50	4:00-4:50	9:30-10:30	9:00-9:50	50 minutes/ 60 minutes
		2:45-3:45	2:45-3:45			
SHINING STARS (Ages 4 - 5)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
4:00-5:00		9:00-10:00	2:45-3:45	9:30-10:30	9:00-10:00	1 hour
		2:45-3:45			10:00-11:00	
			4:00-5:00	5:15-6:15	11:00-12:00	

# School-Age Stars Progression Program Schedule

## **FUTURE STARS - BLUE** (Ages 6 - 8)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
4:00-5:00	4:00-5:00	4:00-5:00	5:00-6:00	5:15-6:15	9:00-10:00 10:00-11:00	1 hour

## **FUTURE STARS - RED** (Ages 6 - 8)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
	4:00-5:30		5:00-6:30		10:00-11:30	90 minutes

## **RISING STARS - BLUE** (Ages 9 and up)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
5:00-6:00				6:15-7:15	10:00-11:00	1 hour

## **RISING STARS - RED** (Ages 9 and up)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
		4:00-5:30				90 minutes

## 2hr Class Schedule (by invite only)

### 2hr Gymnastic Class ( ages 7yrs old and up)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
	5:00-7:00		5:00-7:00		12:00-2:00	2 hours

## Additional Programs Schedule

### NINJA FIT ( 10 week sessions)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
				4:00-5:00		1 hour

### CHEER TUMBLING (Ages 4-6 and 6-9) beginner/ Intermediate (8 week sessions)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
			6:15-7pm			45 minutes

### CHEER TUMBLING (Ages 9yrs+) intermediate/ Advance (8 week sessions)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration

			7-7:45pm			45 minutes	
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FLIP N' FUN (Ages 1 - 6) (October 30 <sup>th</sup> 2025- April)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Duration
			10:00-11:30			90 minutes